

Inna Reddy Edara, Ph.D. (林瑞德)

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Education & Certification

- Ph.D., *Counseling Psychology (Pastoral)*, Loyola University Maryland, USA (May 2012)
- M.S., *Counseling Psychology (Pastoral)*, Loyola University Maryland, USA (May 2004)
- M.Div., *Theology*, Fu Jen Catholic University, Taiwan (June 1999)
- S.T.B., *Theology*, Fu Jen Catholic University, Taiwan (June 1999)
- B.Sc., *Mathematics/Physics/Chemistry*, St. Philomena's College, Mysore University, India (April 1990)
- B.Ph. (Diploma), *Philosophy*, Vidya Niketan, India (April 1990)

Administration

- February 2022 – January 2024: Vice President for Mission, Fu Jen Catholic University, Taipei, Taiwan.
- August 2022 – January 2023: Director of the Dormitory Service Center, Fu Jen Catholic University, Taipei, Taiwan.
- August 2020 – January 2022: Chair of Department of Educational Leadership & Technology Development, Fu Jen Catholic University, Taipei, Taiwan.
- August 2019 – January 2022: Director of Graduate Institute of Educational Leadership & Development, Fu Jen Catholic University, Taipei, Taiwan.
- August 2019 – July 2020: Director of Mission and Identity, School of Continuing Education, Fu Jen Catholic University, Taipei, Taiwan.
- August 2019 – July 2020: Administrative Supervisor of Student Mentoring Group, School of Continuing Education, Fu Jen Catholic University, Taipei, Taiwan.
- August 2015 – July 2019: Director of the Dormitory Service Center, Fu Jen Catholic University, Taipei, Taiwan.
- August 2012 – May 2013: Member of the Research Committee, Department of Pastoral Counseling, Loyola University Maryland, MD, USA.
- August 2012 – May 2013: Chair of the Diversity Committee, Department of Pastoral Counseling, Loyola University Maryland, MD, USA.
- February 2005 – July 2008: Formation Director and Formation Committee Coordinator, SVD China Province, Taipei, Taiwan.
- February 2000 – July 2002: Associate Pastor / Administrator, Fathima Catholic Church, Tafuyeh, Chiayi, Taiwan.

Professional Memberships

- Member (February 2023 -), Board of Directors, Fu Jen University Foundation, USA.
- Member (May 2022 – May 2026), Board of Trustees, Fu Jen Catholic High School, Chiayi, Taiwan.
- Member (March 2021 – March 17, 2023), Honorary Advisory Committee of Indian Professors in Taiwan, National Tsing Hua University, Hsinchu, Taiwan.
- Member (2014-2016), 社團法人台灣真愛家庭協會
- Member of *Association for Psychological Science* (APS), USA. Member ID# 108031
- Member of *American Counseling Association* (ACA), USA. Member ID # 6374220.
- Member of *National Board for Certified Counselors* (NBCC), USA.
- Member of *Alpha Sigma Nu* Jesuit Honor Society (2010).

Publications (Journal Articles)

1. Edara, I. R. (July 24, 2023). Analysis of students' emotional patterns based on an educational course on emotions management. *Education Sciences*, 13(7), 757. (SCOPUS)
2. Del Castillo, Fides A., Inna Reddy Edara, Gregory S. Ching, Jeramie Molino, Rico Jacoba, and Clarence Darro B. Del Castillo (June 06, 2023). Religiosity among Indigenous Peoples: A Study of Cordilleran Youth in the Philippines. *Religions*, 14(6), 751. (A&HCI; SCOPUS)
3. Edara, I. R. (January 12, 2022). Role of social, civic, and governance aspects in life satisfaction and psychological distress: Insights from Taiwan. *Current Psychology*, 41, 8668-8677. (SSCI)

4. Edara, I. R. (November 15, 2021). Integrating etic and emic approaches in psychological research. *Journal of Psychological Research*, 3(4), 48-49.
5. Edara, I. R., del Castillo, F., Ching, G. S., & del Castillo, C. D. (October 14, 2021). Religiosity and contentment among teachers in the Philippines during COVID-19 Pandemic: Mediating effects of resilience, optimism, and well-being. *Religions*, 12(10), 879. (A&HCI; SCOPUS)
6. Edara, I. R. (September 10, 2021). Exploring the relation between emotional intelligence, subjective wellness, and psychological distress: A case study of university students in Taiwan. *Behavioral Sciences*, 11(9), 124. (SSCI; SCOPUS)
7. Edara, I. R., del Castillo, F., Ching, G. S., & del Castillo, C. D. (June 12, 2021). Religiosity, emotions, resilience, and wellness during COVID-19 pandemic: A study of Taiwan university students. *International Journal of Environmental Research and Public Health*, 18 (12), 6381. (SSCI; SCOPUS)
8. Edara, I. R. (May 31, 2021). Incremental role of cognitive beliefs in psychological well-being over subjective health and interpersonal relations. *Universitas: Monthly Review of Philosophy and Culture*, 48(5), 131-149. (A&HCI; SCOPUS)
9. del Castillo, F., Edara, I. R., Ching, G. S., & del Castillo, C. D. (January 26, 2021). Validation of the interreligious forms of the Centrality of Religiosity Scale in Taiwan: Perspectives from selected university students. *Religions*, 12(2), 77. (A&HCI; SCOPUS)
10. Edara, I. R. (January, 2021). Importance of holistic life education amid technology paradox. *International Journal of Research Studies in Education*, 10(1), 1-12.
11. Edara, I. R. (July, 2020). Anti-Asian racism in the shadow of COVID-19 in the USA: Reported incidents, psychological implications, and coping resources. *Journal of Psychological Research*, 2(3), 13-22.
12. Edara, I. R. (January, 2020). Coping resources for distress and well-being of Filipino Catholic migrants in Taiwan: An incremental validity analysis. *Athens Journal of Social Sciences*, 7(1), 63-80.
13. Edara, I. R. (July, 2019). Exploring the relation between karma, Qi, spirituality, and subjective well-being among people in Taiwan. *Journal of Psychological Research*, 1(2), 19-31.
14. Edara, I. R. (30 April, 2019). A foreword from the Editor-in-Chief. *Journal of Psychological Research*, 1(1), 1-3.
15. Edara, I. R. (July, 2018). Social and spiritual dimensions as protective factors in the relationship between acculturative stress and subjective well-being among international students in Taiwan. *Psychology*, 9, 1582-1604.
16. Edara, I. R., & Chen, J. L. (May, 2018). Incremental role of family relationships and hurt intensity in forgiveness of family offenders: A study of college students in Taiwan. *Psychology*, 9, 1023-1049.
17. Edara, I. R., & Wu, H. L. (May, 2018). Impact of positive psychology education and interventions on well-being: A study of students engaged in pastoral care. *International Journal of Educational and Pedagogical Sciences*, 12(4), 511-522. (ISI = International Science Index)
18. Edara, I. R. (October, 2017). Religion: A subset of culture and an expression of spirituality. *Advances in Anthropology*, 7, 273-288.
19. Edara, I. R. (September, 2017). Understanding *Laudato Si's* view of ecological education and well-being from indigenous relational perspective. *Philippiniana Sacra*, vol. LII, no. 157, 815-840.
20. Edara, I. R. (January, 2017). Moderation effects of gender, age, and ethnicity on Intrinsic Religious Motivation and Spiritual Transcendence among European, Asian Indian, and Taiwanese Americans. *Lumen: A Journal of Catholic Studies*, 5 (1), 171-195.
21. Edara, I. R. (August, 2016). Differentiating among three Catholic groups in the United States: The role of ethnic-cultural and religious-spiritual variables. *Pastoral Psychology*, 65 (4), 443-457. (SCOPUS)
22. Edara, I. R. (April, 2016). Relation of individualism-collectivism and ethnic identity to spiritual transcendence among European Americans, Asian Indian Americans, and Chinese Americans. *Counseling and Values*, 61, 44-63. (SCOPUS)
23. Edara, I. R. (September, 2015). Cultural and ethnic variations in aspects of positive psychology. *Indian Journal of Positive Psychology*, 6 (3), 219-225.
24. Edara, I. R. (September, 2015). Role of sociocultural aspects in the relationship between spirituality and subjective well-being. *International Journal of Liberal Arts and Social Science*, 3 (7), 38-53.
25. Edara, I. R. (July, 2015). Mediating role of individualism-collectivism in spirituality's relation to motivational forgiveness. *Asia Pacific Journal of Counselling and Psychotherapy*, 6(1-2), 28-40.
26. Edara, I. R. (January, 2015). The virtue of hope: An antidote to despair. *Universitas: Monthly Review of Philosophy and Culture*, 42 (1), 51-72. (A&HCI; SCOPUS)
27. Magyar-Russell, G., Brown, I. T., Edara, I. R., et al., (April, 2014). In search of serenity: Religious struggle among patients hospitalized for acute coronary syndrome. *Journal of Religion and Health*, 53 (2), 562-578. (SSCI; A&HCI; SCOPUS)
28. Edara, I. R. (2013). Spirituality's unique role in positive affect, satisfaction with life, and forgiveness over and above personality and individualism-collectivism. *Research in the Social Scientific Study of Religion*, 24, 15-41. (SCOPUS)

Publications (Books and Book Chapters)

1. 林瑞德 主編 (2024)。領導者不會停止影響：領導風格與成功敘事。新北市：輔仁大學出版社。
2. 林瑞德 (2024)。領導力的重要性與領導人的培訓之趨向。In 林瑞德 主編 《領導者不會停止影響：領導風格與成功敘事》 (pp. 224-234). 新北市：輔仁大學出版社。
3. 林瑞德 (2024)。轉型導向的僕人領導之實踐與效率。In 林瑞德 主編 《領導者不會停止影響：領導風格與成功敘事》 (pp. 183-202). 新北市：輔仁大學出版社。
4. 林瑞德 (2024)。以轉型為導向的僕人領導：結合願景、個人魅力及服務的召叫。In 林瑞德 主編 《領導者不會停止影響：領導風格與成功敘事》 (pp. 80-113). 新北市：輔仁大學出版社。
5. 林瑞德 (2024)。領導即是眾人一直所關注的焦點。In 林瑞德 主編 《領導者不會停止影響：領導風格與成功敘事》 (pp. 20-34). 新北市：輔仁大學出版社。
6. Edara, I. R. (2023). Pastoral Leadership: A Calling for Holistic Mission and Service. In P. Adamek, *Doing Holistic Mission and Social Healing: Mapping the Experience of the SVD and SSps in Taiwan* (pp. 27-38). New Taipei City: Fu Jen University Press.
7. Edara, I. R. (2023). Praxis of Pastoral Leadership: Titbits from My Mission Experience. In P. Adamek, *Doing Holistic Mission and Social Healing: Mapping the Experience of the SVD and SSps in Taiwan* (pp. 189-204). New Taipei City: Fu Jen University Press.
8. Edara, I. R. (2023). Providing Holistic Care Modeled on Healing Mission of Jesus. In A. Rodlach, *SVD Health Professionals: Participating in God's Mission to Heal* (pp. 58-71). Rome: SVD Publications.
9. Edara, I. R. (2025). *In the Belly of a Seed: Inner Potential for Authentic Wholeness*. Hyderabad, India.
10. Edara, I. R. (2025). అంతర్గత సంభావ్యతను మేల్కొలుపు : యధార్థ సంపూర్ణ జీవితానికి మార్గం (*Awakening Inner Potential: An Authentic Path to Holistic Life*). Hyderabad, India.

Manuscripts in Preparation or Under Review

1. Eco-Consciousness, Spirituality and Sustainable Practices: The Case of Buddhist Farmers in Taiwan.
2. The Emotional Bridge: Emotions Toward God as Mediators and Moderators in the link between Religiosity and Dispositional Outlook among Taiwanese Youth.
3. Two Entwined Beams of the Cross: Formation of Wounded Souls in the Service of a Wounded World.

Conference Papers

1. Edara, Inna (November 29, 2020). Importance of Holistic Life Education amid Technology Paradox. Presented at the LUMINARY 4th International Congress: "Global Challenges in Technology and Education," November 28-29, 2020, Manila (virtual conference).
2. Edara, Inna (August 28, 2019). Exploring the Relation between Karma, Qi, Spirituality, and Subjective Well-Being among People in Taiwan. Presented at the 7th International Symposium on Education, Psychology and Social Sciences, August 27-29, 2019, Tokyo, Japan.
3. Edara, Inna (May 28, 2019). Coping Resources for Distress and Well-Being of Filipino Catholic Migrants in Taiwan: An Incremental Validity Analysis. Presented at the 13th Annual International Conference on Psychology, May 27-30, 2019, Athens, Greece.
4. Edara, Inna (April 19, 2018). Impact of Positive Psychology Education and Interventions on Well-Being. Presented at the 20th International Conference on Positive Psychology and Wellbeing, April 19-20, 2018, Paris, France.
5. Edara, Inna (February 2-5, 2018). Culture and Learning: Experiences in the US, Taiwan, and India. Presented at the Second International Research Congress: "Breakthroughs in Teaching and Learning," February 2-5, 2018, Fu Jen Catholic University, New Taipei City, Taiwan.
6. Edara, Inna and Chen, Jo-lin (October 12, 2017). Determinants of Forgiveness in Families: A perspective of Taiwan College Students. A Paper Presented at the 7th Bernard Wonkil Lee International forum for Catholic Humanism, October 12, 2017, Gyeonggi-do, Seoul, South Korea.
7. Edara, Inna (May 9, 2017). "Philosophy of Life" and Other Core Holistic Courses at Fu Jen Catholic University: Some Thoughts on Current Status and Future Directions. A Paper Presented at 輔仁大學全人教育課程中心第 10 屆全人教育學術研討會, May 9, 2017, New Taipei City, Taiwan.

8. Edara, Inna (March 24, 2017). "Social and Spiritual Dimensions as Protective Factors in the Relationship between Acculturative Stress and Subjective Well-Being among International Students in Taiwan." A Paper Presented at the Second Biennial International Convention of Psychological Science, March 23-25, 2017, Vienna, Austria.
9. Edara, Inna (August 27, 2016). "Indigenous Relational Perspective of Ecological Education and Comprehensive Well-Being." A Paper Presented at The Association of Southeast and East Asian Catholic Colleges and Universities Annual Conference 2016, Broome, Australia.
10. Edara, Inna (June 27, 2016). "Role of Sociocultural Aspects in the Relationship between Spirituality and Subjective Well-Being." A Paper Presented at The Joint World Conference on Social Work, Education and Social Development 2016, Seoul, South Korea.
11. Edara, Inna (June 27, 2016). "Differentiating among three Catholic groups in the United States: The role of ethnic-cultural and religious-spiritual variables." A Paper Presented at The Joint World Conference on Social Work, Education and Social Development 2016, Seoul, South Korea.
12. Edara, Inna (March 13, 2015). "Mediating Role of Individualism-Collectivism in Spirituality's Relation to Forgiveness." A Paper Presented at the First Biennial International Convention of Psychological Science, March 12-14, 2015, Amsterdam, The Netherlands.
13. Edara, Inna (June, 2014). "The Virtue of Hope: An Antidote to Despair." A Paper Presented at 第五屆基督宗教諮商輔導研討會：憂傷與盼望的諮商輔導。Fu Jen Catholic University, Taipei, Taiwan.
14. Edara, Inna (May, 2011). "The Role of Religiousness and Spirituality in Psychological Understanding and Clinical Practice." Presentation at North American Taiwanese Professors Association Annual Conference, Maryland, USA.
15. Edara, Inna (April, 2010). Panelist on "Discrimination and Prejudice in the United States: Sharing of Personal Experiences." Loyola University Maryland, Columbia, Maryland, USA.
16. Edara, Inna; Rollison, Deb, Waters, Liz, Brown, Ian; Magyar-Russell, Gina (March, 2010). "Religious Coping Among Patients Hospitalized for Acute Coronary Syndrome." A Paper Presented at the 8th Annual Mid-Year Conference on Religion and Spirituality, Loyola University Maryland, Columbia, Maryland, USA.

Workshops, Talks, and Panel Discussions

1. "Why Servant Leadership?" A lecture presented at the workshop on "Servant Leadership: Its Theory and Applications," online workshop, June 09, 2022.
2. 《天主教大學憲章對天主教輔仁大學的啟示》。輔大進修部·新莊·台灣。June 21, 2020.
3. "Church and Mission in Taiwan." A talk given to the parishioners in Brisbane, Australia. August 08, 2019.
4. Certificate Program on "Positive Leadership and Well-Being." Brisbane, Australia. August 05-07, 2019.
5. 《人哲總整課程：示範教學經驗分享》。Presented at the 107 學年度人生哲學課程第三次教師研習會，Fu Jen Catholic University, New Taipei City, Taiwan. June 24, 2019.
6. "Communication in Interpersonal Relations: Recognizing Emotions and Fulfilling Needs." A recollection given to the SVD seminarians, Xinzhuang, New Taipei City, Taiwan. January 26, 2019.
7. 《聖體：家庭生活的靈性之糧》。Retreat for the parishioners of St. Joseph the Worker parish, Chiayi, Taiwan. December 19, 2018.
8. 《我的信仰、聖召及服務之旅》。Lunch Talk, 輔大教育學院·新莊·台灣。May, 2017.
9. "Servant Leadership." A Talk Given to the Leaders of the Holy Family Association, New Taipei City, Taiwan. February 4, 2017.
10. 《認識印度的人文與教育》。輔大教育領導與發展研究所·新莊·台灣。May 05, 2016.
11. 《慈悲與家庭》。輔大淨心堂·新莊·台灣 (A talk given to the Holy Family Association). March 15, 2016.
12. 《心靈旅程》。彰化·台灣。(A retreat given to the Holy Family sisters). July 11-17, 2015.
13. "Psychology and Spirituality of Forgiveness." Talk given to the Catholics, Linkou, Taiwan. March 01, 2015.
14. Panelist on "Food for Multicultural Thought: Exploring Changing Beliefs, Examining Changing Values." Loyola University Maryland, Columbia, Maryland, USA. April 2012.
15. "Communication in Interpersonal Relationships." Workshop conducted for Chinese/Taiwanese Americans, Rockville, Maryland, USA. October 2010.
16. "Exploring Culture, Counseling, & the Mental Health Profession within a Global context." Panelist at the 7th Annual Mid-Year Conference on Religion and Spirituality, Loyola University Maryland, Columbia, Maryland, USA. April 2009.
17. "Grief Counseling in Cultural Diversity". Clinical Case Analysis, Fu Jen Catholic University, Taipei, Taiwan. March 2007.
18. "MBTI and Spirituality." Workshop conducted for a group of Catholic seminarians in Hong Kong. February 2007.

19. “Cultural Adjustment and Coping with Stress.” Workshop conducted for foreign students at Chinese Language Center of Fu Jen Catholic University, Taipei, Taiwan. March 2006.

Editor

- *Journal of Psychological Research* (Editor-in-Chief)

Ad hoc Reviewer (Journal Articles)

- *Research in the Social Scientific Study of Religion*
- *The Journal of Positive Psychology*
- *The International Journal for the Psychology of Religion*
- *UNIVERSITAS Monthly Review of Philosophy and Culture*
- *Pastoral Psychology*
- *Asia Pacific Journal of Counselling and Psychotherapy*
- *Asian Journal of Social Psychology*
- *Journal of Psychological Research*
- *Behavioral Sciences*

Ad hoc Reviewer (Books and/or Book Chapters)

- *Great Groups* by David R. Hutchinson (review dates: 11/22/2014 to 12/02/2015)
- “International students’ experiences in the U.S. workforce: Gender differences in labor market outcomes” in *Global perspectives on international student experience in higher education* (edited by K. Bista).

Professional Licenses / Certificates

- Licensed Clinical Professional Counselor (LCPC). License # LC4920. (In Maryland, USA)
- National Certified Counselor (NCC). Certificate # 260675. (USA)

Teaching/Academic Experience

- August 2022 – Current: Professor, Graduate Institute of Educational Leadership & Development, Fu Jen Catholic University, Taipei, Taiwan.
- August 2019 – July 2022: Associate Professor, Graduate Institute of Educational Leadership & Development, Fu Jen Catholic University, Taipei, Taiwan.
- August 2015 – July 2019: Assistant Professor, Graduate Institute of Educational Leadership & Development, Fu Jen Catholic University, Taipei, Taiwan.
- February 2014 – July 2015: Assistant Professor, Holistic Education Center, Fu Jen Catholic University, Taipei, Taiwan.
- August 2012 – May 2013: Visiting Full-time Assistant Professor of graduate studies at Loyola University Maryland, USA. Subjects taught: Various graduate level courses in counseling psychology, such as Helping Relations; Group Theory and Practice; Multicultural Issues; Human Development; Professional Seminar.
- September 2005 – June 2008: Part time lecturer at Fu Jen Catholic University, Taipei, Taiwan. Subjects taught: General Psychology; Psychology of Life; Counseling Theory and Practice (TA); Philosophy of Life (Life Education).
- August 2001 – February 2002: Instructor of “Life Education” and “Basic English” at Shanmei Elementary School, Chiayi, Taiwan.

Professional Clinical / Counseling Experience

- February 2014 – current: Student Counseling Center, Fu Jen Catholic University, Taipei, Taiwan.
- August 2009 – May 2010: Supervised doctoral clinical internship at St. Agnes Hospital Counseling Program, Baltimore, Maryland, USA.
- March 2005 – June 2008: Counseling the students at Student Counseling Center of Fu Jen Catholic University, Taipei, Taiwan.
- March 2005 – June 2008: Counseling and training the Catholic seminarians preparing for religious life and priesthood, Taipei, Taiwan.
- September 2003 – June 2004: Counseling internship at VA hospital, Perryville, Maryland, USA.
- June - September 1999: Clinical pastoral education (CPE) experience at Cardinal Tien Hospital, Taipei, Taiwan.

Pastoral Care and Religious Service Experience

- November 2013 – current: Helping out the parishes, religious communities and organizations with sacramental and pastoral ministry in Taiwan.
- January 2009 – May 2013: Supply work in covering sacramental/liturgical/pastoral activities at St. Alphonsus Rodriguez Church, Woodstock, Maryland, USA.
- March 2005 – July 2008: Coordinator of “Formation and Education” of the scholastics in the seminary of the Society of the Divine Word, Taipei, Taiwan.
- October 1999 – June 2003: Pre-marriage counseling and family care to an economically poor and low educated group of indigenous people at Fatima Parish of Tafuyeh, Chiayi, Taiwan.
- February 2000 – June 2003: Associate pastor of Fatima Parish, Chiayi, Taiwan.
- September 1996 – July 1998: Collaborated for two years with Lourdes Home in Taipei, Taiwan in caring for people with HIV/AIDS, and educating them on prevention and care.
- February – August 1996: Worked for seven months as a spiritual and pastoral caregiver at Chang-An Hospice in Zhudong, Taiwan in helping the residents with their issues of old age, loss and bereavement.
- February – August 1996: Served as a chaplain for Filipino migrant workers at Chang-An Hospice in Zhudong, Taiwan in helping them to cope with the issues of uprooting, adjustment, and inculturation.

Awards

- 107 學年度模範教師。輔仁大學，中華民國107年09月26日。
- Best Presentation Award, ICPPW 2018: 20th International Conference on Positive Psychology and Wellbeing, Paris, April 19-20, 2018.
- 105 學年度教學績優教師獎狀。輔仁大學，中華民國 106 年 6 月 8 日。
- “Joseph W. Ciarrocchi Research Award” for Outstanding Leadership in Pastoral Counseling Research. Presented on May 18, 2012, by Pastoral Counseling Department of Loyola University Maryland, Columbia, Maryland, USA.